

# **Zing Bakery's protein-packed salad menu proves healthy and delicious is possible!**

Discover for yourself why Zing Bakery is more than just tea, coffee and cakes with our all-day menu of healthy salads – starting at just THB 180.

With a handy central Bangkok location (situated on the ground floor of Centara Grand at CentralWorld) Zing's protein-packed salads include smoked duck breast with mixed greens and citrus dressing (THB 250), grilled chicken tostada salad with crisp corn tortillas topped with grilled chicken and avocado cream (THB 240) and the classic Caesar salad with crisp romaine and dressing (THB 180).

For a heartier portion, opt for Zing Bakery's 'Chef Salad' (Batonette of ham, Swiss cheese, beef pastrami and chicken breast on iceberg, tomatoes, egg & Kalamata olives with French dressing) (THB 280), or for a non-meat option, try another classic – the Nicoise salad (THB 190) comprised of potatoes, green beans, tuna and egg.

Open daily from 07.00, Zing Bakery makes a perfect pit-stop in Bangkok for a light breakfast, nutrition-packed lunch or indulgent afternoon snack (especially with our range of freshly baked pastries and biscuits).

For more information and to keep up-to-date on all of Zing Bakery's latest offers and promotions, please call us on: 02-100- 1234 ext.6485

Find out more about Zing Bakery, Centara Grand at CentralWorld below:

Website: [www.centarahotelsresorts.com/centaragrand/cgcw](http://www.centarahotelsresorts.com/centaragrand/cgcw)

Facebook: Centara Grand & Bangkok Convention Centre at CentralWorld

Instagram: Centaragrand\_Centralworld

Twitter: Centara Grand at CTW