Your personal trainer awaits at In Balance Fitness





Get that summer body ready with your very own personal trainer at In Balance Fitness, Novotel Bangkok on Siam Square. Whether you want to tone up, slim down or just get active, a personal trainer will motivate you and tailor exercises to your needs and get you on the right path towards your goals. Choose between 2 choices: priced at 1,900 baht for 3 classes (60 minutes per class) or priced at 6,500 baht for 10 classes (60 minutes per class).Members who choose 10 classes will receive 2 complimentary classes, this offer exists until the end of August 2016.

For more information, please call 02-209-8888, extension In Balance Fitness or visit the website www.novotelbkk.com