

Welcome to SafeHouse Rehab



Our exclusive rehabilitation centre provides a comprehensive and eclectic treatment program offering a life changing experience.

If you're looking for addiction treatment

Why Choose SafeHouse Rehab

PRIVATE AND EXCLUSIVE REHAB IN THAILAND

YOUR SAFETY AND CONFIDENTIALITY ARE IMPORTANT TO US

FULLY LICENSED AND DETOX MEDICAL SERVICES

OUR TEAM ARE EXPERIENCED AND IN LONG TERM RECOVERY

COMPREHENSIVE TAILORED AFTERCARE PLAN

30-DAY TREATMENT PROGRAM

PROVEN TAILORED TREATMENT PROGRAM THAT WORKS

AMAZING GYM, WATERPARK AND SPORTING FACILITIES

FUN AND EXCITING ACTIVITIES AND EXCURSIONS

TREATMENT AWAY FROM TRIGGERS IS MORE SUCCESSFUL

SafeHouse Rehab Center Thailand is a private residential treatment facility like no other. From the moment you are collected from the airport until the moment you complete your treatment, we ensure you are safe, secure and your confidentiality is guaranteed.

You can be assured that all our medical and detox services are fully licensed and provided in partnership with an accredited international private hospital, and we firmly adhere to our principles regarding our primary purpose and duty of care.

SafeHouse Rehab really does offer the opportunity of a 'Life Changing Experience' for those seeking addiction and alcoholism treatment. We will gently guide you through an efficient, effective, intense and motivating regime that will keep you busy enough to provide some decent time between you and your last substance. Enough time for you to know it can be done! And you will complete our addiction treatment with enough tools to maintain it long term. All that is needed is a little bit of willingness and commitment.

Every client has their very own

Private Luxury Accommodation

Accommodation and facilities at any drug and alcohol rehab in the world are of significant importance to most clients.

SafeHouse Rehab's private residential treatment centre will make you feel at home and at ease in your very own luxury one-bedroom private apartment which comprise of bedroom, separate living room with balcony, kitchen and shower room.

As you would expect, each apartment is air conditioned and has many other creature comforts, ensuring that you do not feel cramped or confined.

The ultra-comfortable large beds are equipped with high quality western style bedding and pillows, this allows for a restful and peaceful sleep pattern to develop.

Fully licensed

Medical Care & Detox

Our detox and other medical services are provided in partnership with Aikchol International Hospital, a fully licensed and accredited private hospital very close to SafeHouse. We are fully authorised and licensed to provide medical services in Thailand and have extensive procedures and

arrangements in place for all our clients including medical emergencies.

Upon arrival every client undergoes a comprehensive medical assessment including full blood screen, liver and kidney function tests, EKG and chest X-ray.

For clients wishing to take advantage, we are also able to provide additional dental, ophthalmic and aesthetic medical services. However, these services must be paid for by the client direct to the hospital.

The SafeHouse Rehab Treatment Program Includes the following;

Comprehensive Medical health check

Cognitive Behavioral therapy

Group Therapies

Acceptance and Commitment Therapy

Acupuncture

Introduction to Self-help Groups

One-to-One Counselling

Psychotherapy

Physical Therapies

Lectures and Audio-visual Presentations

Introduction to Meditation

Complementary Therapies

Relapse Prevention Techniques

SafeHouse Rehab Center Thailand has one of the most comprehensive addiction treatment programmes offered by any of the rehabs in Thailand. Your individually tailored programme will major on gradual and gentle cleansing of the mind, body and spirit. You will be given extensive one-to-one counselling, thrice daily group therapy sessions, lectures with high client participation, written client input and regular staff and peer assessments of individuals' progress. Attendance at self-help groups, excursions, exercise and complementary therapies complete the daily schedule.

Find out more about some of

Our Dedicated Team

At SafeHouse Rehab our counselling and support team are all in long-term recovery, and are all extremely experienced in detox regimes, delivering group programs and one-to-one counselling sessions. At SafeHouse there is always someone here to listen. Just click on any of the staff listed to hear a more detailed view about them and how they can help you at SafeHouse.

A crucial part of treatment is

Aftercare

At SafeHouse we prepare you for your discharge with an ongoing recovery program that may include further counselling if required, and an introduction to community-based support groups. During your stay you will be given all the tools you need to move on and put everything you have learnt into action. And you will leave SafeHouse with an aftercare plan that suits your specific needs.

Some of the delicious and

Nutritious Food

Nutrition at SafeHouse Rehab is of vital importance and is recommended by a qualified Naturopathic Nutritionist. Reaching optimum health after a life of drinking and using will take time, so give your body the time and healing it deserves and let the Nutrition at SafeHouse Rehab help ease along the process. The SafeHouse diet and supplement regime will add the vitamins and minerals imperative to the recovery process.

In addition to the varied food offered at SafeHouse we are also able to conduct individual nutrition intervention for those who arrive at SafeHouse in a state of severe and unusual malnutrition.

Take a look at some of our amazing Facilities & Activities

At SafeHouse we know very well that most addicts and alcoholics arriving at our doors are physically debilitated to one extent or another. We will not expect you to readily or easily start an exercise regime. However, as time progresses the amazing facilities available at SafeHouse and incorporated in the daily treatment schedule will slowly come into play. It is a fact that physical activity releases essential endorphins into the system which improves the feel-good factor and instils an extra feeling of well-being and self-respect, feelings that may have been absent for years! Even light activity aids sleep and thereby improved daily engagement with the SafeHouse program.

After a hard weeks work Excursions are Important

After a week of therapy and treatment at SafeHouse some down time is deserved. Excursions are an important part of treatment here at SafeHouse Rehab as they help clients enjoy themselves without the need for alcohol or drugs. All our excursions are either fun, exciting or relaxing and certainly all are interesting and enjoyable. Clients are offered various choices depending on weather and other factors.

SafeHouse Rehab Center Thailand is a Real-Life Environment

SafeHouse Rehab Center occupies a purpose-built addiction treatment facility, together with 10 luxury one-bed apartments in a private residential treatment complex. Why only 10? Because we like 5 clients only in our group therapy sessions, and we like to manage two groups at a time. This is the optimum dynamic for effective communication, identification and individual enhancement. In addition, we find that most people looking for treatment prefer to attend a smaller rehab facility where they can receive a more personalised service, ensuring any fears of large group therapy sessions are allayed.

SafeHouse is a 60 km motorway drive from Bangkok's main airport, on the edge of Ban Bueng a charming town in the province of Chonburi. It is certainly the most easily accessible of all the rehabs in Thailand. We are very close to beaches, rolling hills and tourist attractions; we offer good healthy food, massages, and other nurturing therapies, facilities on our extended site include convenience stores, coffee shops and we have fantastic sports facilities including an extensive gym, water park, football pitches, badminton courts as well as lakeside walks and cycleways. All of these WILL be used... but in defined leisure time conducive to fulfilling our primary purpose.

We take extremely seriously all Addictions

Untreated drug and alcohol addictions lead only to institutions, degradation and deterioration, and death. There are no other outcomes. And on the way they cause extreme pain and distress to the sufferer, their families, and their wider social and working circles. Imagine the ripples from a stone tossed in a lake. That is how addiction and alcoholism manifests in so many lives. It is a terrible curse. The chains must be broken, and the sufferer must find a way out. Saving his or her life and sanity, and stopping the infectious damage and heartache is paramount. We take addictions extremely seriously at SafeHouse Rehab Center. We will do absolutely everything in our power to arrest the problem for good.

At SafeHouse we take alcoholism and addiction extremely seriously. We will prepare you for the rest of your life. We will not subject you to cabin fever or a walled complex, but to a real-life environment that you will soon come to embrace without the need for substances. We will take great care of you within a lovely and eclectic setting providing a proven route to that most elusive of solutions; Recovery!

We are conveniently located only 45 minutes from Bangkok airport (BKK) in a small Thai town called

Ban Bueng.

Our postal address is;

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Chonburi - Ban Bueng 9
Chonburi - Ban Bueng Road
Ban Bueng Sub District
Ban Bueng District
Chon Buri
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Website - Home Page - <https://www.safehouse-rehab-center-thailand.com/>
Link to Information Page -
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