

# **The Inside-Out Approach to Business Growth: How to create exponential results in your business with less stress and less pressure**



The Inside-Out Approach to Business Growth is a workshop designed for anyone looking to create a bigger impact with their business, experience more joy in growing their business and are ready to experience a deeper connection with themselves and their business. Together we will dive in and create a deeper understanding of how life really works; when you know the rules of the game, it's easier to play the game. We will explore your current definitions of success in business, sales and growth. From there, we will create a new way of looking at those themes in a way that gives you more joy, more energy, make space for higher levels of engagement and inspiration. Lastly, we will move you into action and explore how to create better results in your business with less pressure and less stress.

Nikon Gormley has been a professional coach, facilitator and trainer for 4 years. He runs a boutique coaching and consultancy that serves clients all around the world. He helps successful leaders have an exponential impact on their lives, relationships and business by challenging their thinking, questioning their questions and reminding them how powerful they really are. He also founded Super Coach Asia, which is a community of and for leading coaches in Asia to connect and collaborate. In Super Coach Asia, Nikon created "Super Coach Pro", which is a 'Business Accelerator' that helps new coaches thrive in their coaching practice and in their coaching business.