

Save at LifeStyles on 26 with our range of 6 and 12-month membership deals!



Finding a first-class gym in central Bangkok (especially one that offers great city views and daily classes) can be expensive. However, with our range of mid to long-term membership options here at LifeStyles on 26 at Centara Grand at CentralWorld, that doesn't have to be the case.

In fact, for ladies, our yearly membership options start at just THB 25,000 at off-peak times (09.00 – 16.00 hrs.) – Which works out to be just over THB 2,000 per month.

You can also save on our full memberships by doubling up with a friend (“Couple” option) or choose for our “Group” option for three or more people.

Interested in working out with friends or colleagues? Then we have some more great Group Membership Promotion (a group of 3 people onwards) THB 38,000 receives 1 month free.

Not wanting to commit to a whole year? Then LifeStyles on 26 also has some money-saving six-month membership options, too. A full six-month membership for individuals is priced at THB 29,000 (or approx. THB 4,800 per month) while a six-month “Couple” option costs THB 25,000 per person (approx. THB 4,150 per month).

Don't forget, all members at LifeStyles on 26 have access to our range of cardio machines, free weights area and regular fitness classes, including Yoga, Zumba, Pilates, TRX and High-Intensity Interval Training (HIIT).

Lifestyles on 26 is a fully functional gym and fitness studio located on the 26th floor of Centara Grand at CentralWorld, with access available through CentralWorld shopping mall or street level at Siam.

To find out more about our current membership promotions, please call 02-100-6299.

Find out more about LifeStyles on 26 below:

Website: www.centarahotelsresorts.com/centaragrand/cgcw/services

Facebook: Centara Grand & Bangkok Convention Centre at CentralWorld Instagram:

Centaragrand_Centralworld

Twitter: Centara Grand at CTW