

New Membership Promotions Now Available at Lifestyles on 26!



Want to get in shape at a first-class gym in central Bangkok without breaking the bank? Then take a look at the range of new and affordable membership deals here at LifeStyles on 26!

Right now, we excited offer an OFF PEAK membership (09.00 – 16.00 hrs.) at THB 25,000.

Interested in working out with friends or colleagues? Then we have some more great Group Membership Promotion (a group of 3 people onwards) THB 38,000 receives 1 month free.

Located on the 26th floor of Centara grand at CentralWorld, Lifestyles on 26 offers a full range of fun classes that will make you work up a sweat, burn calories and have fun at the same time.

These include regular Yoga, Zumba, and Pilates classes as well as TRX and High Intensity Interval Training (HIIT). We also have a fully functional gym – perfect for an individual workout any time of day.

To find out more about our current membership promotions, please call 02-100-6299.

Find out more about LifeStyles on 26 below:

Website: www.centarahotelsresorts.com/centaragrand/cgcw/services

Facebook: Centara Grand & Bangkok Convention Centre at CentralWorld

Instagram: Centaragrand_Centralworld

Twitter: Centara Grand at CTW