Nature’s Sensation introduces health benefits of cranberry juice





When it comes to naturally healthy beverages, cranberry juice is undoubtedly in the top rank of such drinks. This beverage has not only a number of medicinal properties, but also a perfect blend of sweet and sour flavor, regarded as a refreshing provider of desserts and smoothies.

Cranberries belong to berry family, growing in the trailing vine form, and are widely planted in USA. Cranberries are often extracted into medicines, food supplements, and a liquid form since they contain several nutrients beneficial to people’s health. Cranberry juice is then a popular choice among health lovers. According to the study of Harvard University, drinking 10 ounces of cranberry juice per day prevents and treats urinary tract infections and helps remove urine odor.

In addition to those health benefits, cranberries are also loaded with antioxidants which help lower the risk of heart diseases and stroke and reduce bad cholesterol (LDL). Cranberries are the excellent sources of Vitamins and collagen boosters; those eating cranberries have healthy skin.

Notwithstanding, Nature’s Sensation, a wide variety of fine dried fruits and natural juices brand under Heritage Group, would like to warn people to strictly follow the recommendation of Harvard University. Exceeding the recommended amount of daily intake can affect drinkers’ health. 100% premium cranberry juice from Nature’s Sensation brand is now available at department stores and leading supermarkets nationwide. Visit the online channels at Shopee, Lazada, JD Central, and LINE ID: @Heritagethailand. For more information, please call 02-813-0954-5 or follow the activities of Nature’s Sensation at www.heritagethailand.com, www.facebook.com/naturessensationofficial, and IG: naturessensation