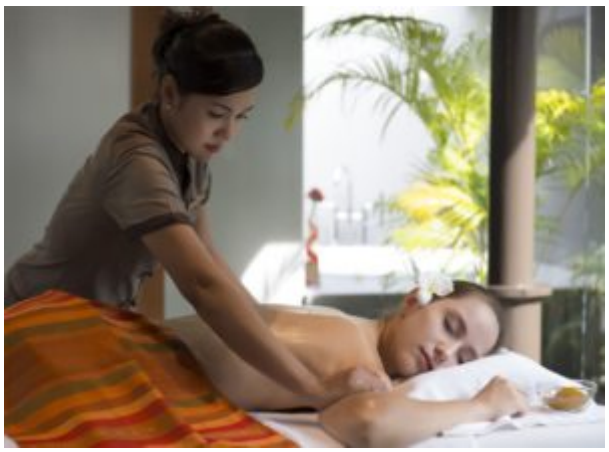
Layana Wellness Detoxifying Package





Our talented therapist uses hand-carved, ethically sourced salt crystal stones with 84 minerals and trace elements; warmed to massage the body, melt away pains and tight muscles, stimulate circulation, detoxify the body and rejuvenate the skin, promoting pure relaxation; cold to sooth and balance the body.

Package Program (Price: THB 5,000 nett / per couple)
8.00 a.m. – 9.00 a.m.: Stretching or Yoga.
10.30 a.m. – 12.00 p.m.: Layana Himalayan Salt Stone Therapy (includes refreshment with herbal tea of your choice)
1.00 p.m.: “Staying Healthy” Snack.