

# Glow Fest Krabi



Dust Thani Krabi Beach Resort is delighted to announce its hosting of the inaugural “Glow Fest Krabi” festival that will take place on Saturday 6th June 2020. Glow Fest Krabi is a three part spectacular that runs from 3:00 p.m. – 10:00 p.m. consisting of Yoga, a Fun Run and Celebrate Life.

The program on the day includes:

Registration (2:00 p.m. – 3:00 p.m.)

Yoga (3:00 p.m. – 5:45 p.m.) – 6 friendly, talented yoga experts have given up their time to help us on the day and there are 9 separate sessions offered a diverse range of Yoga styles suitable for everyone, whether beginner, intermediate or expert.

Beach Glow Run (6:30 p.m.) – Krabi’s most exciting run, the 3km Beach Glow Run is happening just after sunset at the beautifully scenic Klong Muang Beach. Join alone, with a friend, as a family or as a team and expect some fun surprises along the route.

Celebrate Life (7:00 p.m. – 10:00 p.m.) – Meet up and relax with friends, family and fellow Glowers for some feel good food and chill out music, as we celebrate the end of a superb, fun day. All participants will receive a complimentary “Energy Pack”, and there will be community-run food stalls selling fresh and healthy specialities and a bar selling non-alcoholic drinks.

The THB 390 entry fee covers the whole event, but numbers are limited so book early! More details and booking forms can be found on the festival’s website at [www.glowfestkrabi.com](http://www.glowfestkrabi.com).