“Every blood donor is a life saver” Hotel Baraquda Pattaya MGallery by Sofitel and Mercure Pattaya Hotel

The importance of donating blood cannot be denied and on many occasions hospitals and clinics in Pattaya run out of blood, which are essential supplies for their daily operations in saving peoples life’s.

On 11st September 2018, the team of Hotel Baraquda Pattaya MGallery by Sofitel and Mercure Pattaya Hotel joined a quarterly blood donation program held at the Veranda Resort Pattaya Mgallery by Sofitel. There were quite a few volunteers from all Accorhotels in Pattaya who joined this noble activity.

There’s no end to the benefits of donating blood for those who need it. One donation can save as many as three lives. Blood donation also lowers the risk of heart disease and heart attack. This is because it reduces the blood’s viscosity and donating blood has benefits for your emotional and physical health.

It was a great day for all participants as they understood the importance of this program and how their contribution plays a part in caring and sharing for the people in our community.