

# AVOCADO-ADORNED AFTERNOON DELIGHTS THROUGHOUT OCTOBER AND NOVEMBER AT ZEST BAR & TERRACE



Enlivening afternoon tea times are unfolding around buttery-soft, subtly nutty avocados and the sweet and savory dainties they inspire at Zest Bar & Terrace throughout this October and November.

The latest avocado-centric edition of High Set Tea is served but a stone's throw from BTS Asok and MRT Sukhumvit at level 7, The Westin Grande Sukhumvit, Bangkok, making it the perfect rendezvous for those out and about in Bangkok.

With its rich, creamy, velvety texture and naturally delicious flavor, everybody loves avocado as it goes so well with, well, everything.

And they're good for you, too. Avocados are excellent sources of monounsaturated fat and antioxidant vitamin E, plus a group of carotenes thought to help keep the eyes healthy. Moreover, they've more soluble fiber than other fruit, contain a number of useful minerals such as iron, copper and potassium, and are a good source of the B vitamin, folate.

There is no doubt that the calorie content of avocados is greater than other fruits and vegetables but that just leads to feelings of satiety that aid appetite regulation!

The conveniently located cosmopolitan lounge's passionate chefs indulge the eye and palate alike with eight sweet and savory avocado-infused morsels:

- Avocado bread rolls/smoked turkey & guacamole
- Avocado and smoked salmon on toast
- Sweet potato, avocado and shrimp pie
- Baked avocado-lime cheesecake
- Avocado mint and pistachio fudge bar
- Green tea avocado mousse
- Matcha mille crêpe avocado cake
- Avocado scone/lime jam/whipping cream

Avocado High Tea stimulates the scene at Zest Bar & Terrace daily throughout October and November from 12:00-18:00 hrs, priced THB 990 net per set for 2 persons.

20% discount through online Store

30% discount Club Marriott Card

SPG regular discount (10% / 15% / 20%)

Steps from BTS Asok SkyTrain and MRT Sukhumvit underground stations, chilling inside or on the terrace above the city, make the most of AVOCADO season high tea at Zest Bar & Terrace.