

All-day dining done right: Check out Zing's new tasty, healthy menu



Whether you want to grab a light breakfast on the way to your office, fancy a tasty lunch (with all the flavor and none of the calories), or need an afternoon/ evening pick-me-up, Zing's new menu has something for everyone.

Open from 07.00 daily, take a look at some of the new highlights available from our location on the ground floor of Centara Grand at CentralWorld:

New Menu Highlights:

- Breakfast: Eggs Benedict, as well as Asian favorites like Moring Jok.
- Acai Bowls: "Crunchy Nuts Basic" with banana, pecans, cashews, shaved almonds, peanut butter, coconut shavings and cacao nibs
- Salads: "Pumpkin & Goat Cheese Salad" (with roasted pumpkin, goat cheese, spinach, quinoa, cherry tomatoes, pine nuts and more)
- Wraps: - "Chicken Avocado Wrap" (with grilled chicken breast, avocado, onions, tomato and lettuce).
- Energy Balls and Bars: "Macha Green Tea Date Ball" or "Mixed Dried Fruits Granola Bar"

- Smoothies: “Avocado Forever Avocado” (coconut juice, coconut meat, milk, honey, almond) or “Nutty Honey Almond” (chia seed, honey, acai, almond), among others.

Zing Bakery also offers a wide range of pastries (all baked onsite), freshly-made sandwiches, appetizers, lunchtime main meals and much more.

We also run our Happy Hour from 18:00-21:00 every day from where it's Buy 1 Get 1 Free on all cakes and pastries.

Check out our brand new menu on your next visit to Zing Bakery - or for more information, please call 02-100-6255 or email diningcgcw@chr.co.th

Website: www.centarahotelsresorts.com/centaragrand/cgcw

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